



# October 2012



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 10am Exercise  6pm Bingo	2 2pm Rev. Pat Lamb-Notre Dame RC Church, Beth.	3 10am Exercise  1pm Bible Study 6:30pm Poker League	4 8am Woodcarving 10am Life Bio <b>2pm Speaker-Breast Cancer Awareness</b> 6 pm Blood Pressure 6pm Shuffleboard	5 1pm Yoga  5:30 pm WII Bowling	6 <b>8am Coffee &amp; Donuts</b>  12:30 p.m. Pinochle Party
7 2 pm Knitting	8 1pm Computer Class  6pm Bingo  <b>OFFICE CLOSED COLUMBUS DAY</b>	9 <b>1:30pm Committee Meeting</b>	10 9 am Massage Therapy 10am Exercise 1pm Bible Study <b>2 pm General Meeting</b>	11 8am Woodcarving 10am Life Bio 2pm Rev. Jim Stahley Calvary Wesleyan Church, Beth. 6pm Shuffleboard	12 1pm Yoga  5:30 pm WII Bowling	13
14 2 pm Knitting	15 <b>9 –11 am Flu Shots</b> 10am Exercise  6pm Bingo	16	17 <b>9 am Speaker-Wellness Coach No Exercise Today</b> 1pm Bible Study 2 pm Book Club 6:30pm Poker League	18 8am Woodcarving 10am Life Bio 2pm Rev. Gary Langensiepen St. John's Lutheran, Beth 6pm Shuffleboard	19 1pm Yoga  5:30 pm WII Bowling	20 <b>11am Soup &amp; Hot Dogs –Bill Murray Band</b>
21 2 pm Knitting	22 10am Exercise  1pm Computer Class  6pm Bingo	23 <b>2pm Speaker-Benefits of Laughter</b>	24 9am Massage Therapy 10am Exercise <b>1pm Speaker-Hospice 101</b> 6:30pm Poker League	25 8am Woodcarving 10am Life Bio 2pm Rev. Larry Burd Calvary Baptist, Easton 6pm Shuffleboard	26 1pm Yoga  5:30 pm WII Bowling	27
28 2 pm Knitting  <b>HALLOWEEN PARTY</b>	29 10am Exercise <b>11am Therapy Dog Miss Daisy</b> 6pm Bingo	30	31 1pm Bible Study  6:30pm Poker League			